

SAILING INSTRUCTIONS

2023/2024 STARBOARD / SEVERNE NSW **R**RACEBOARD SERIES

September 2023 – May 2024

Organising Authority: Windsurfing NSW in conjunction with host clubs.

Supported by:



INNOVATION QUALITY
STARBOARD



WINDSURFING
NEW SOUTH WALES

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing – Windsurfing Competition Rules (WCR).
- 1.2 If there is a conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board, which will be identified at briefing.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of any race affected, except that any change to the schedule of races on Sunday will be posted before 2000 hrs on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the Official Flag Poles located in front of the race office.
- 4.2 When the **AP Flag** is displayed, “1 minute” is replaced with “not less than 20 minutes”. **This changes WCR Race Signals.**

5. RACE SCHEDULE and FORMAT

- 5.1 The schedule and format of races will be as specified in the Notice of Race.
- 5.2 The warning signal for the last race of each day shall not be made later than 1800 hrs.

6. CLASS FLAGS

The class flags will be: Raceboard – a red “R” on a white background, or as described at the briefing.

7. RACING AREA

- 7.1 The racing area will be illustrated on the Official Notice Board.
- 7.2 The racing area is defined as an area extending 75m beyond the course including the starting line, the finishing line and their extensions, in which a board would normally sail while racing.
- 7.3 Any other area of obstruction that may influence a race will be clearly defined on the Official Notice Board.

8. COURSES

- 8.1 The course to be sailed will be published on the Official Notice Board at least 30 minutes before the scheduled start of any race affected.
- 8.2 Courses will generally be windward – return, but this may vary depending on the host club.
- 8.3 A typical course is shown in Appendix A.

9. MARKS

- 9.1 All marks will be described at the briefing.
- 9.2 A board may touch a mark but shall not hold on to it. **This changes WCR B3 31.**

10. THE START

- 10.1 Races will be started using WCR 26.1.
- 10.2 The starting line will be between an orange flag on the Race Committee Signal Boat at the starboard end and the port end mark.
- 10.3 Boards whose warning signal has not been made shall avoid the starting area.

- 10.4 A board starting later than 4 minutes after her starting signal will be scored Did Not Start. **This changes WCR A4 and A5.**

11. THE FINISH

The finishing line will be between a blue flag on the Race Committee Signal Boat and the starboard end finishing mark.

12. PENALTY SYSTEM

- 12.1 A board that has taken a penalty or retired under rule 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.
- 12.2 Penalties for breaches of WCR 77, and Sailing Instruction 16 may be less than disqualification if the protest committee so decides.

13. TIME LIMITS, TARGET TIMES & REST PERIODS

- 13.1 The time limits for the leading competitor are as follows:
- | | |
|-------------------|------------|
| Race time limit | 35 minutes |
| Mark 1 time limit | 12 minutes |
- 13.2 A race shall be abandoned if either of the time limits is exceeded.
- 13.3 Race target time is 20 minutes.
- 13.4 Boards failing to finish within 15 minutes after the first board sails the course and finishes will be scored Did Not Finish without a hearing. **This changes WCR 35, A4 and A5.**
- 13.5 If the race committee intends to run another race back-to-back, it will display the pennant 2 flag (with no sound signal) on the Race Committee Boat while boards are finishing.
- 13.6 A maximum of 3 races shall be sailed back-to-back.
- 13.7 Rest Periods: Back-to-Back races. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that class will be 2 minutes.
- 13.8 Rest Periods: Ashore. At the completion of a series of back-to-back races, there shall be a rest period of 45 minutes **ashore** for the last finisher in the last race before the Warning Signal for further races.

14. PROTESTS & REQUESTS FOR REDRESS

- 14.1 Protest forms are available at the Race Office located in the rigging area. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 14.2 The Protest Time Limit is 45 minutes after the last board has finished the last race of the day or the Race Committee signals 'no more racing today', whichever is later.
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Area, located in the rigging area.
- 14.4 Breaches of WCR 77 and Sailing Instruction 10.3 will not be grounds for a protest by a board. **This changes rule 60.1(a).**

15. SCORING

- 15.1 One race is required to be completed to constitute a Regatta, except for the State titles which requires 3 races to be completed. If at least 1 race has been completed of the State titles, the results will be included in the series score.
- 15.2 Three Regattas are required to be completed to constitute a series.
- 15.3 To request correction of an alleged error in the posted races or series results, a board shall complete a Request for Review of Results form available at the Race Office.
- 15.4 Competitors can drop two events over the series.

16. SAFETY REGULATIONS

- 16.1 A board that retires from a race shall, if reasonably possible, notify the Race Committee before leaving the course area and shall report to the Race Office upon arriving ashore.
- 16.2 Competitors not leaving the site for the day's racing shall inform the Race Office prior to the first start.

- 16.3 Every competitor and support boat crewmember shall wear a personal flotation device that shall conform to the minimum standard of ISO 12402-5 (level 50), or meets AUS Standards AS1499 & AS1512, at all times while afloat.
- 16.4 Sign On and Sign Off sheets will be provided by the Race Committee at the Race Office.
- 16.5 When going out to race each board intending to race shall personally sign On.
- 16.6 On returning ashore each board shall personally sign Off, to confirm that she has returned to shore, within 30 minutes of the end of the time limit of that race, or in the case of back-to-back races the last race; or within 30 minutes of being instructed to go ashore by the Race Committee.
- 16.7 Failure to Sign On may result in a 5 point penalty for the first race sailed; failure to sign Off may result in a 5 point penalty for the last race sailed. If only one race is sailed, failure to sign out and in may result in only one 5 point penalty. A board shall not be scored worse than a disqualified board. Penalties will be applied by the Race Committee without a hearing. **This changes WCR 63.1.**

17. ENTRY DISCLAIMER

It is the competitor's sole decision to enter this event and to start and or to continue to compete. By way of entering, competitors acknowledge and agree that participation in this event can be dangerous and accept that their participation is at their exclusive risk in every respect. In addition, by way of entering competitors shall hold harmless the organising authority, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in this event and acknowledge and accept that the organising authority, its officers, members, servants, agents and other competitors accept no responsibility in respect to loss of life, personal injury or loss or damage to property which may be sustained by reason of a competitor's participation or intended participation in this event or arising for whatever reason in connection with this event.

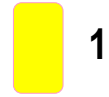
18. RUBBISH DISPOSAL

- 18.1 Boards shall not put rubbish in the water. Trash may be placed aboard support and Race Committee boats.

19. PRIZES

- 19.1 Prizes will be awarded according to the NOR, at the completion of the race series.

Course Description



Mark Rounding Order
All marks to port

Course	Order
1	Start, 1, Pin, Finish
2	Start, 1, Pin, 1, Pin, Finish
3	Start, 1, Pin, 1, Pin, 1, Pin, Finish

Sprint courses use mark 1a

